



PNMI Training Handout #4

Standard 31 – Frequency Assignment

Client: Johnny O'Brian Goals , Objectives, Interventions and Strengths to Address Specific Vulnerabilities/Needs:					
Vulnerability/Symptom/Need/Im	ulnerability/Symptom/Need/Im Strengths that Support Positive Source: (Diagnosis/Evaluation/Assessme				
pairment in Daily Living 1:	Outcomes	Utilized as Source)			
		12/1/15 CANS; 1/16/16 Diagnosis of Depressive			
Chronic depressed mood, conflicts	Described as able to listen to advice,	Disorder NOS by Dr. Sam Pill.; 1/15/16			
with peers, chronic irritability and	estimated to be slightly above average	Biopsychosocial History/Assessment by Group			
frequent anger explosions.	intelligence, reported as insightful.	Home Clinician Mary Nice, LCSW; Dr. Pill's			
		Psychiatric Evaluation 1/16/16			

(5+2 Example)

Objectives (incorporate	Service Type:	Service Description:	Session	Frequency	Staff
strengths as appropriate):			Duration		Responsible:
1C: Johnny will learn new, healthy ways of controlling his anger and will use them often. Progress will be measured by regular reports from milieu staff and youth.	Proactive Milieu Service	Milieu Coach will proactively meet with Johnny and will teach him skills that will help Johnny better control his anger. Such teachings will be chosen from a list.	15 Minutes	5 days a Week	Milieu Coach
1D: Johnny will learn and effectively use new healthy ways of engaging in healthy social interactions with peers and adults and will use them often. Progress will be measured by regular reports from milieu	Proactive Milieu Service	Milieu Coach will proactively meet with Johnny and teach him skills that will help him engage and maintain his involvement in pro-social situations with peers and adults. Such teachings will be chosen from a list.	15 Minutes	2 days a week (on different days than those indicated above)	Milieu Coach





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(Living Skill Example)

Goal 1: (Anticipated Outcome) Johnny will regularly exhibit a positive mood, a calm affect and a pro-social attitude.					
Objectives (incorporate strengths as appropriate):	Service Type:	Service Description:	Session Duration	Frequency	Staff Responsible:
1C: Johnny will learn and often use new, healthy ways of controlling his anger and getting along with other. Progress will be measured by regular reports from milieu staff and youth.	Proactive Milieu Service	Milieu Coach will proactively meet with Johnny and will coach/teach him daily living skills including skills that will help Johnny better control his anger and enhance his social skills. Coaching/teaching approaches can be chosen from a pre-arranged list.	15 Minutes	7 days a Week	Milieu Coach

(2 Objectives, same service Example)

Objectives (incorporate	Service Type:	Service Description:	Session	Frequency	Staff
strengths as appropriate):			Duration		Responsible:
1C: Johnny will learn new,	Proactive Milieu	Milieu Coach will	15 Minutes	Daily	Milieu Coach
healthy ways of	Service	proactively meet with			
controlling his anger		Johnny and will teach him			
and will use them		skills that will help Johnny			
often. Progress will be		better control his anger.			
measured by regular		Such teaching/coaching			
reports from milieu		approaches can be chosen			
staff and youth.		from a list.			
1D: Johnny will learn and	Proactive Milieu	Milieu Coach will	15 Minutes	Daily	Milieu Coach
effectively use new	Service	proactively meet with			
healthy ways of		Johnny and teach him			
engaging in healthy		skills that will help him			
social interactions		engage and maintain his			
with peers and adults		involvement in pro-social			
and will use them		situations with peers and			
often. Progress will be		adults. Such			
measured by regular		teaching/coaching			
reports from milieu		approaches can be chosen			
staff and youth.		from a list.			